

## TETN (Texas Education Telecommunication Network) SCHEDULE

### 2009-2010 School Year **★The Year of the SHAC★**

The Texas Education Agency is offering a series of monthly training sessions on School Health Advisory Councils (SHACs) for school staff, parent involvement groups and community members.

Each session will provide extensive information on the effective implementation and utilization of District SHACs. Participants will walk away from each TETN with practical knowledge, useful resources, and answers to their toughest questions.

#### **September 4, 2009 (Friday)**

**8:30 – 11:30 am**

*Theme: 2009-2010 School Year Kick Off*

- 2009-10 SHAC Goals
- New Legislation
- Innovative Courses for Health and Physical Education
- Flu Prevention and Response (H1N1)
- Walk Across Texas! Challenge
- Obesity Awareness Week

#### **October 7, 2009 (Wednesday)**

**8:30 – 11:30 am**

*Theme: SHAC 101*

- Getting Started
- SHAC Recruiting Tools
- Healthy Fundraising & Birthdays
- School Health Partner System

#### **November 4, 2009 (Wednesday)**

**8:30 – 11:30 am**

*Theme: CSH 101 (Coordinated School Health)*

- CIP (Campus Improvement Plan) – Goals and Objectives

<http://www.a4hk.org/filelib/TX-CSH101.wmv>

#### **January 8, 2010 (Friday)**

**1:00 – 4:00 pm**

*Theme: Second Semester To-Do List*

- Fitness Assessment Strategies
- Spring Gardening Project Planning
- Texas Round Up
- School Health Survey

#### **February 3, 2010 (Wednesday)**

**8:30 – 11:30 am**

*Theme: SHAC Best Practices*

- SHAC Award Winners
- Year 2 Awards (Start Up or Sustain)
- School Health Survey with your SHAC

#### **March 3, 2010 (Wednesday)**

**8:30 – 11:30 am**

*Theme: Data – Use It!*

- FITNESSGRAM
- SHI (School Health Index)
- PFAI (Physical Fitness Assessment Initiative)
- SHP (School Health Profile)
- TEA School Health Survey
- YRBS (Youth Risk Behavior Survey)
- Teen Pregnancy Maps
- TFN (Texas Fitness Now)

#### **April 7, 2010 (Wednesday)**

**8:30 – 11:30 am**

*Theme: Make it Great*

- Successful policy development & implementation
- Reporting to School Board
- Sensitive Issues (handling)
- Involving Youth

#### **May 5, 2010 (Wednesday)**

**8:30 – 11:30 am**

*Theme: Planning for 2010-2011*

- Summer Retreat
- CSH – Year of Coordinated School Health
- District Development & Program Adoption

\* For more information or to register, please contact your Education Service Center (ESC). Contact information for your ESC is provided at <http://www.dshs.state.tx.us/schoolhealth/netlist.shtm>.